Autumn Service Update
Osmani Primary School

September 2025 – 14th November 2025

The Team

Child Therapist	Adi Hollander
Child Therapist	Francesca Crocker
Trainee Therapist	Stephanie Canlas
Trainee Therapist	Katie Willmore
OT Trainee	Blossom Isaac-Ojo

Breakdown by Numbers

10	Children seen in 1:1 therapy	11	Check-in sessions attended
53	Therapy sessions offered	71	Speak Up sessions
19	6xTalkTime sessions offered	40	Children attending Speak Ups
4	Children seen for 6xTalkTime	7	Teacher Meetings attended
7	Children seen for OT	7	Parent Meetings attended
38	OT sessions offered	2	Professional Meetings attended by the UP team
4	Children seen in Wellbeing Groups	8	Wellbeing Groups sessions

NEW INTERVENTION MODEL

At the start of this academic year, we have introduced a new intervention model designed to reach more children and families as well as to provide support in a flexible, responsive way. This approach reflects our ongoing collaboration with the school and commitment to meeting pupils' and families' diverse wellbeing needs. This model reflects our multidisciplinary approach, bringing together many types of interventions.

We are delighted to welcome three new team members: Trainee Therapist Katie Willmore, Occupational Therapy Trainee Blossom Isaac-Ojo, and Child Therapist Adi Hollander. Together, the therapy team offers a wide range of interventions—both short-term and long-term—tailored to support children across all year groups.

> *On Thursday, when X goes to therapy, he comes home so happy.*
> Parent of a child Yr2/Therapy

1:1 Therapy

Throughout this term, 10 children have been supported through 1:1 long-term therapyLong term 1:1 therapy for children who suffer from trauma or have complex needs provides a valuable and often much-needed space. Through play, creativity and chats, struggling children can be supported to find their voice and express it with clarity and in a safe way. Benefits of long-term therapy work include reduction in anxiety, improvement of emotional regulation, and the development of crucial coping skills and resilience. Through the therapeutic relationship, children can learn to form heathier relationships with grown-ups as well as with their peers.

Occupational Therapy

This term we had an OT student, Blossom, onsite supporting children across all year groups. Her presence has had a noticeable impact, with children benefitting from targeted interventions to support their sensory, motor skills, emotional regulation, confidence and many other. The children are supported individually with 1:1 weekly intervention sessions and collectively in groups such as wellbeing groups. We work in conjunction with teachers and the SENCO, with parents' input taken into consideration to ensure a holistic approach to the type of support provided. Her contribution has been a valuable addition to the service this term.

6xTT Sessions

Across the term, four children have accessed Six Times Talk Time (6XTT) sessions—a structured, creative wellbeing intervention delivered over six consecutive weeks. These sessions provide a safe and supportive space for children to build confidence, strengthen self-esteem, and explore self-expression. Using a range of play-based and creative activities, this intervention encourages children to communicate their thoughts and feelings in a positive way. This approach not only nurtures emotional wellbeing but also helps develop resilience and coping strategies that can be applied beyond the session